

## Description of Groups

**Tiny Trumpets at Foulridge Village Hall** - Tiny Trumpets is a great magical music group for parents and children. The group will provide activities using percussion instruments, movement and dance, with lots of singing, action songs and finger plays. There will also be other activities including making an interactive nursery rhyme book, art and craft ideas and other play ideas for you and your child to do together

**Explorers at Trawden Forest Primary School - Tuesday, Trawden Community Centre Wednesday, Foulridge Village Hall - Friday** - A drop-in play session for children aged 0-5 years and their parents/carers. A wide variety of toys and activities, both indoors and outdoors are provided for the children to experience opportunities which promote their all-round development.

**Mr Men & Little People** - (Dads and male carers group) Time to spend with your children doing physical activities, arts, crafts, organised walks and fun with food. Snacks are provided. Held first Saturday of the month at **Colne Children's Centre**. See timetable for dates.

**Child Health Clinic** - Health Visitors in attendance to weigh and give advice about your baby or pre-school child. We also have Children's Centre staff on hand who will give you lots of information and advice about our groups and activities. We will also have representatives from other health services visiting regularly to chat to parents. Clinics held at **Colne Children's Centre**.



## Sure Start Children's Centres

**NHS**

East Lancashire  
Community Health Services

# Riverside Children's Centre What's On Guide

**January -  
April 2010**

Groups commence  
4th January 2010  
unless otherwise stated

**For more information  
please contact us on**

Colne Children's Centre  
Walton Street  
Colne  
BB8 0EL  
01282 648164



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**Child Health Clinic and Weaning**

9:30am - 11:30am

**At Colne Children's Centre**

**Explorers at Trawden Community Centre**

9:30am - 11:00am

**Child Health Clinic**

9:30am - 11:00am

**At Colne Children's Centre**

**Explorers at Foulridge Village Hall**

9:30am - 11:00am

**Mr Men and Little People**

9th January  
6th February  
6th March

10:00am - 12noon

**At Colne Children's Centre**

**Tiny Trumpets at Foulridge Village Hall**

1:30pm - 3:00pm

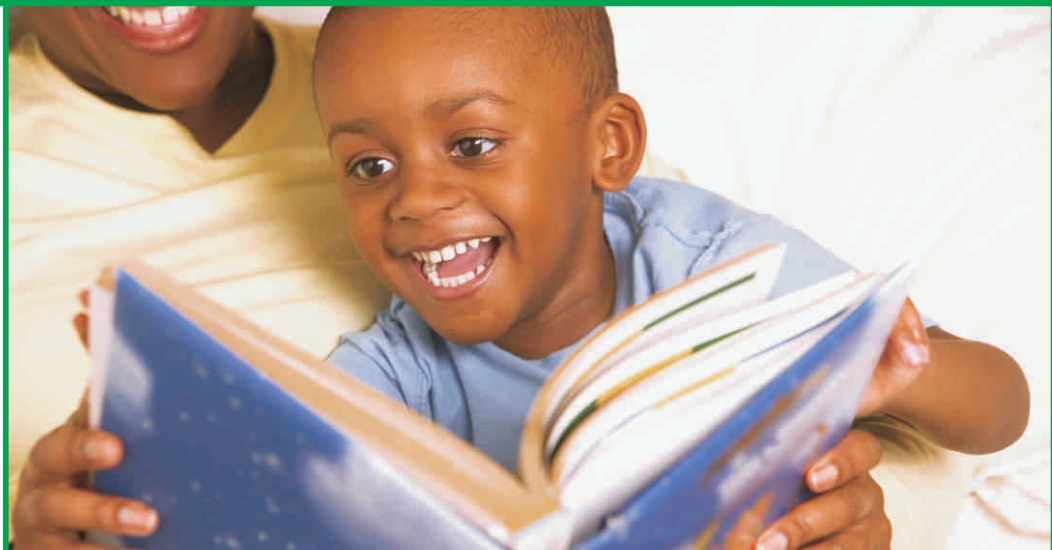
**Explorers at Trawden Forest Primary School**

1:30pm - 3:00pm

**Child Health Clinic**

2:00pm - 4:00pm

**At Colne Children's Centre**



**PLEASE NOTE:**  
Families from Trawden and Foulridge can also come to all the activities at Colne Children's Centre. Come along, it will be great to see you there!

**CALL US ON 01282 648164**  
for more information  
**Colne Children's Centre, Walton Street, Colne, Lancashire BB8 0EL**

Families are asked to contribute 50p per session